Fudge Fish

Set Up: Bring water to a boil, melt margarine.

Ingredients (serves 16)
 • Instant pudding mix (3.9 oz [110 g] box)
 • Water (1/3 cup [79 ml])
• Margarine (1/3 cup [79 ml])
• Powdered sugar (3 cups [710 ml])
• Candy sprinkles (assorted)

 Activity Instructions: God told Jonah to go to Nineveh but Jonah didn't listen. It took Jonah a long time and a big adventure to realize that everyone can help God! Let's make some fudge to help us tell Jonah's story.
1. God told Jonah to go to Nineveh. Trudge, trudge, trudge. Which way did Jonah go? (away from Nineveh, toward the sea) Let's start with some pudding mix to represent the sand Jonah was walking through. Have kids put the pudding mix in a bowl.
2. Finally, Jonah got onto a boat and fell asleep. Where did the boat take him? (out to sea) Let's add some water for the sea. Add the boiling water.
3. What was happening when Jonah woke up? (There was a big storm.) Add the melted butter to the bowl. Mix the fudge around and around just like a swirling storm! Help the kids mix the fudge thoroughly.
4. What did Jonah tell the sailors to do? (throw him overboard) While he was in the sea, a big fish swallowed Jonah! How many days was Jonah inside of the fish? (three) Let's add the sugar, one part at a time, for each day Jonah spent inside the fish. Add the sugar a third at a time, mixing thoroughly each time.
5. After three days, what did the fish do with Jonah? (spit him on shore) Drop the ball of fudge onto a sheet of wax paper. Now what did Jonah do? (He went to Nineveh.)
6. Jonah finally realized, everyone can help God, even Jonah. Give each kid a golf-ball sized piece of fudge on a small paper plate.
7. You can help God, too. Pretend you are telling someone the Jonah story. Use your fudge to make something from the story. How about Jonah, or a boat, or a big fish! What is your favorite part of the story? Encourage kids to be creative with their fudge.
8. What are some other ways you can help God? Allow kids to use the sprinkles to decorate a piece of fudge.